

PATIENT INFORMATION

24 HOUR URINE COLLECTION

PURPOSE OF TEST

Your doctor has ordered a test, which requires you to collect all urine passed in a 24-hour period. The accurately timed urine collection that you are about to collect is an important part of your examination. Decisions important to your health may depend on it. This test is valid ONLY if the collection includes all urine that you pass in a 24-hour period. If for any reason some of the urine passed during this 24 hours is not put into the container for the collection, the test will be inaccurate and may have to be repeated, requiring another day of your time.

COLLECTION OF SPECIMEN

1. Obtain the special 24-hour urine container from the laboratory. The lab will need a copy of the physician order to see which test(s) the physician has ordered, so the proper preservative can be added to the container.

NOTE: The lab will label the container with the name of the preservative. Avoid spilling the preservative on your skin, clothing, floor or furniture. DO NOT urinate directly into the container. Use a clean container to collect your urine and then pour the specimen into the 24-hour urine container.

2. At 7:00 A.M., the morning of the test, empty your bladder by urinating directly into the toilet. All urine passed during the next 24 hours must be added to the 24-hour urine container.
3. At 7:00 A.M., the next morning, empty your bladder and add the specimen to the 24-hour urine container.

LABELLING THE SPECIMEN

Print your full name and the date and time you started and stopped collecting the specimen on the urine container.

STORAGE OF SPECIMEN/DELIVERY TO LAB

Refrigerate the specimen until it can be delivered to the laboratory.

**IF YOU HAVE ANY QUESTIONS ABOUT THESE INSTRUCTIONS,
PLEASE CALL THE LABORATORY. CLIENT SERVICE DEPARTMENT
(219) 989-3700 OR (800) 937-5521.**